

Certification

Adventure & Nature Therapist (ATI)

Lifelong learning also means that new qualifications, professional development or training open up a wide range of perspectives.

ATI training and certification is not only a professional enrichment, but also valuable in many ways due to its (recognised) interdisciplinary, high quality degree.

In the labour market in the field of "social & health care", titles and certifications are becoming increasingly important. With this certification, ATI graduates increase their chances of continuous development within their professional environment, both as a personality and as an employee.

After successful completion of the theoretical and practical course, you can be certified and receive the final title as an:

Erlebnis- & Naturtherapeut: in (ATI) (German)
Adventure & Nature Therapist (ATI)

The certification takes place through an independent certification course and is intended exclusively for participants who wish to obtain the above-mentioned title.

The certification course and especially the colloquium will be complemented by external speakers in order to maintain a high degree of possible neutrality.

Special professional qualifications are necessary and will be checked at the time of registration. The title enables you to work therapeutically in your professional context and to lead the therapeutic process with case responsibility. The basic requirements for this are derived from your professional home field.

Please contact us if these are not clear to you.

The certification consists of various proofs from the theory and practice courses.

In a separate checklist, you can see and understand which documents and proofs are a prerequisite for certification admission.

Admission requirements: formal basic qualification

the formal basic qualification consists of three areas

**vocational training
&
professional experience
&
previous experience in experiential education**

Between all areas there is an **AND!**

This means that not only one or the other is required, but **all three prerequisites must be fulfilled together.**

The background to this - especially with regard to previous experience in experiential education - is that no outdoor techniques and/or experiential education basics are taught as part of the training provided by the Adventure Therapy Institute. With regard to the ability to move with individuals or groups in the natural environment, these would be basics such as leading and guiding groups in different natural environments, weather knowledge, special risk management related to the natural environment, nature conservation, safety aspects specific to nature sports, lifeguarding for activities on the water, first aid outdoors, etc.. All this content is taught in specially and/ or certified experiential education courses.

To become a certified Adventure Therapist (ATI) you must meet the following requirements:

vocational training

Completed vocational training (technical college) in social administrative, pedagogical, curative education or health care occupational fields

or

university or university of applied sciences degree in psychology, education, education/social science, health education, medicine and related degrees (MA & BA)

examples:

educators, occupational therapists, physiotherapists, speech therapists, qualified psychologists, psychotherapists, doctors, nursing staff, midwives, qualified pedagogues, qualified social workers, qualified social pedagogues, qualified curative pedagogues, special pedagogues, teachers, qualified theologians, qualified sociologists, supervisors, coaches, trauma pedagogues, systemic family therapists, experiential pedagogues.

professional experience

At least 3 years in a relevant field of practice (see examples under vocational training). This applies to all occupational groups listed (internships and years of recognition can be credited).

previous experience in experiential education

- proof of (practical) experience in the field of adventure, nature and outdoor activities with people (at least 100 days of 8 hours each = 800 hours within the last 1-5 years).

or

- title „Erlebnispädagog: in be“ (certified by the German association)

admission requirements: proof/evidence of

- ✓ **proof of the final title „Erlebnistherapie Practitioner (ATI) (German) | Adventure Therapy Practitioner (ATI)“**

you have already provided evidence of this:

- *proof of participation in the practical course 1-7 (English language course/ EN: 1-4) | 21 days (EN: 20 days) | 147 hrs. or 196 TU (EN: 150 hrs. or 200 TU)*
- *proof of participation in SOL (self-organised learning groups) | 5x 4 hrs = 20 hrs | 25 TU*
- *proof of supervision (for practice accompanying training) | 4x 1.5 hrs. = 6 hrs. | 8 TU*
- *72 hrs. essay on a theoretical topic (assignment takes place at the end of the practical course)*
- *proof of completion / passed examination of the theory course*
- *proof of minimum age 23 years*

updated to resubmit for certification:

- ✓ 1st aid certificate (not older than 1 year at the time of certification)
- ✓ extended police clearance certificate (not older than 3 month at the time of certification)
- ✓ valid identity proof

in addition, the following must be submitted:

thesis

The thesis is an examination of a topic chosen by the candidate. Theoretical principles are to be linked and presented with practical adventure therapeutic interventions (e.g. emotion regulation through adventure & nature therapy, trauma processing/ stabilisation through adventure & nature therapy, adventure & nature therapy as a form of intervention within the framework of family therapy).

You will develop individual theoretical topics which you will link to practice from the perspective of a future Adventure Therapist.

- ✓ approval of the exposé by ATI (prior topic approval)
- ✓ the thesis is written in accordance with the requirements of scientific work and is defended in a discussion/final colloquium
- ✓ thesis (25 - 30 pages/ without appendix)

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case reports/ -vignettes

A case vignette serves as an exemplary presentation of a therapy process as well as data collection, analysis and/or interpretation. It is composed of different parts, which are presented in the handout "case vignette".

- ✓ 2 case vignettes
- ✓ 5-6 pages per case vignette
- ✓ written documentation/ presentation of own adventure & nature therapy work from outside the training

colloquium in the certification module

A colloquium is a kind of expert discussion on and defence of the written work that you have submitted as part of your thesis.

The professional discussion takes place on the basis of all examination performances (case vignettes, thesis, personal self-conception of adventure & nature therapy, personal reflection findings from the supervisions) and all contents of the practice modules. The professional exchange about adventure & nature therapy as well as one's own development is built on this.

The use of professional language, differentiated answers and justifications, a reflected self-assessment and a differentiated examination of the contents of adventure & nature therapy are expected.

The expert talk/colloquium is open to the public, can be held in groups of 3 and can be attended by external interested parties (after registration).

In addition the following applies

- ✓ the professional discussion/colloquium is part of the certification as an adventure therapist.
- ✓ max. group of 3
- ✓ duration 20-45 in.
- ✓ the discussion is conducted by the examination board (at least 1 external examiner)

certificate award

If the individual examination performances are assessed with at least 41 points, the participants receive a provisional certificate on the day of certification. A comprehensive certificate with a list of the training contents and all examination results including evaluation will then be issued and sent by post.

In justified individual cases, it is possible to submit a current 1st aid certificate after certification (e.g. because no courses can take place due to the pandemic). In this case, the certificate will be issued and sent after the prerequisite has been fulfilled.

the graduation

We allow external visitors to the official and ceremonial certificate awarding. You are welcome to personally invite family members, friends and acquaintances who have supported you during the training. In addition, we would like to open up this opportunity to other course participants who are considering certification and give the graduation a festive setting.

We will inform you about the possibilities and costs in due course.

costs

The currently calculated costs for certification are 990.00 euros (gross/incl. VAT). As it is currently not possible to clearly estimate how the costs (especially of seminar houses) will develop in the coming months and years, these costs will only be determined when a concrete invitation to tender is issued.

included are:

- examination costs
- assessment of the submitted written work
- colloquium
- certificate

No additional costs (accommodation, meals) are included.

Travel is necessary. The certification takes place in presence.

Planned certification (English-language course, start 2023): 23.02. - 25.02.2024.

For course participants of the German-language course (start 2023) it is not possible to participate because the German-language modules of the practical course will not have been completed yet.

Planned certification (German-language course, start 2023): 07.02. - 09.02.2025